

Ephrata Area School District Athletic Department Handbook

Many Ephrata Area School District students participate at the interscholastic levels after going through the various athletic organizations and club teams within the District, which serve as feeder programs for the middle and high school athletic teams. The athletic organizations and club teams provide the foundation for our interscholastic athletic teams.

Interscholastic athletics teach many valuable lessons including teamwork, sportsmanship, and leadership. Ephrata Area School District athletic programs strive to stress these core values while also focusing on the development of each individual student's skills, commitment to hard work, and a sense of fair-play.

GUIDELINES FOR STUDENT-ATHLETES

JURISDICTION:

- The "Guidelines for Student-Athletes" have been approved by the Ephrata Area School District and shall apply to any actions, on or off school premises, 24 hours, 7 days a week, in season and out of season. It also includes all preseason, training, and all team related activities. Failure to adhere to any school or team regulation may result in BOTH school and team penalties, which may include disciplinary actions including possible suspensions.
- All references within this handbook to extra-curricular and/or co-curricular activities include athletic activities.
- All situations are subject to review by the proper school district administrative levels.
- Students should note that participation in interscholastic athletics is not a guaranteed right, but a privilege that is earned in part through good citizenship and good academics.

PIAA POLICIES:

- Ephrata High School and Ephrata Middle School are members of the Pennsylvania Interscholastic Athletic Association (PIAA) and subscribe to the philosophy and intent of its by-laws. The PIAA by-laws that pertain to age, awards, attendance, health, transfers and residence, participation, representation, curriculum and seasonal rules will be followed. Copies of the PIAA policies can be found in the athletic office and at www.piaa.org.

ACADEMIC ELIGIBILITY:

1. To be eligible for interscholastic athletics, a student must pursue a curriculum defined and approved by the principal as a full-time curriculum.
2. Eligibility will be reported weekly beginning with the second week of the school year.
3. The academic reporting period will be from 8:00 am on Mondays to 3:15 pm on Thursdays.
4. If an athlete fails two (2) or more courses on a weekly report, he/she will be ineligible to participate in contests for a period of one week (Sunday to Sunday).
5. If the head coach consents, an ineligible student may practice provided he/she attends extra help sessions in one of the courses he/she is failing. The student must provide a signed note from the teacher each day to be eligible to practice.
6. If an athlete is failing two (2) or more subjects for a marking period, he/she will be ineligible to participate in contests for the first fifteen (15) school days of the next marking period. Ineligible will begin the day the report cards are given out/sent home.
7. Athletes who drop a course and have an average grade of "F" will be required to carry that failure toward eligibility for the remainder of the school term.

ACADEMIC ELIGIBILITY (continued):

8. Students who transfer into the Ephrata Area School District must comply with the requirements contained herein. Academic grades and attendance from last school will be checked prior to being eligible to participate in interscholastic athletics.
9. At the end of the school year, the student's final grades shall be used to determine his/her eligibility for the next school year. A student who attends summer school and corrects deficiencies shall be eligible to participate in the fall sports season.

RULES GOVERNING SPORTS TRYOUTS/PRACTICES:

1. Students must have a completed PIAA sports physical which is dated after June 1 of the participating year to be eligible to participate in any tryout or practice. This physical MUST be on the proper PIAA physical forms (CIPPE)
2. Student must also have completed an Acknowledgement of Risk form and Acknowledgement of Handbook form to be eligible to participate in any tryout or practice.
3. Athletes participating in any additional sports after the initial physical must complete and submit a PIAA RE-CERTIFICATION FORM (Section 5).
4. Students who owe obligations will NOT be permitted to begin practice until all obligations are satisfied.

NOTE: *PRACTICE IS NOT PERMITTED UNTIL ALL FORMS ARE PROPERLY COMPLETED AND TURNED INTO THE ATHLETIC OFFICE!*

ATTENDANCE:

1. Student-athletes must be in school by 8:00 am to be eligible to participate in that day's activity (contest, practice, etc.). Athletes arriving late to school must provide a school sanctioned excuse in order to participate in a practice or a contest. Students who arrive to school after school begins but prior to 8:00 am are eligible to participate in extra-curricular activities, but will be marked tardy for the time they missed.
2. If a student is absent from school for the entire day, the student may not practice or participate in athletics that day.
3. If a student leaves school before the end of the day (and does not return), the student may not practice or participate in athletics that day. If the student returns to school, a school sanctioned note must be provided to be eligible to participate in a practice or contest.
4. If a student is absent from school for a pre-approved vacation day or college visit, the student is eligible to participate in a practice or contest that day.
5. If a student is suspended from school (in school or out of school) he/she is not eligible to participate in any practices or contests for the period of suspension.
6. Team members are expected to be at all practices, team meetings, contests, and special occasions unless excused by the head coach.
7. Any exception to the attendance rules must have pre-approval of the Athletic Director or building principal.
8. Exception to the 8:00 am daily deadline exists for the College in the Classroom students, who must be in school by 9:15 am on days they do not report to their first period course.
9. If there is an away contest and the students arrive on school property after 10:45 pm, students must be in school by 8:38 am the next morning to be eligible to participate in a game or practice. This is not an excused absence.

INSURANCE:

1. The Ephrata Area School District provides a "Secondary" policy on student-athletes if injured at a practice or competition sponsored by an interscholastic sports team.
2. Family insurance plans provide the primary coverage.
3. All necessary forms required by the secondary policy are located with the athletic trainer.

HAZING: (For general information refer to School Board Policy #247)

- Hazing is defined as any activity that recklessly or intentionally endangers the mental health, physical health, or safety of students for the purpose of initiation of membership in or affiliation with any organization recognized by the board.
 1. The EASD does not allow any acts of hazing or rights of initiation.
 2. Students found in violation of Hazing will be subject to removal from interscholastic athletics and face suspension and/or expulsion. If appropriate, the matter may be referred to the police and become a criminal situation.

TRANSPORTATION:

1. All participants are required to use school district provided transportation to and from all away athletic competitions.
 - Only under unique circumstances will this regulation be waived.
 - A written note from the parent/guardian must be given to the head coach prior to a student being excused from school transportation.
2. All school bus rules and regulation apply during transportation to or from an athletic contest.
3. All buses or vans used for athletic must be cleaned of liter after each trip.

ADDITIONAL PIAA ELIGIBILITY RULES:

1. Senior High Sports:
 - a. Students are ineligible if they attain the age of 19 prior to July 1 of the school year they wish to participate.
2. Junior High Sports:
 - a. Students are ineligible if they attain the age of 16 prior to the July 1 of the school year they wish to participate.
3. If a student is absent from school for 20 or more days during a semester, he/she is ineligible to participate in any sport contests until the student has been in attendance for 60 days beyond the 20th day of absence.
4. A student shall not represent his/her school in interscholastic athletics if he/she has:
 - a. Reached the end of the 6th year of school beyond 6th grade year without regard to period of attendance.
 - b. Played 6 seasons beyond 6th grade year or 4 seasons beyond 8th grade year in sports.
 - c. These two points are of key importance to any student who failed any grades between 6th grade and 12th grade.

SUPER-FROSH RULE (9th GRADE PARTICIPATION):

1. Any student in 9th grade, who will be participating on a JV or Varsity team where there is a Junior High team option, must provide written approval by the student, parent/guardians, head coach and HS principal.
2. The paperwork must be completed prior to any 9th grader participating in any athletic contest.
3. Once the student participates at the JV or Varsity level, the student may not return to the Junior High level (same for students looking to move up during the season).

DRUG/ALCOHOL/STERIODS/TOBACCO POLICY FOR EXTRA-/CO-CURRICULAR ACTIVITIES:

1. For general information please refer to school board policy #222 and #227.
2. Please see appendix for definitions of programs and terms.
3. Important to repeat: The drug/alcohol/tobacco policy shall apply to any actions, on or off school premises, 24 hours, 7 days a week, in season and out of season. It also includes all preseason, training and all team related activities.
4. The term **“use”** includes possession, use, sale, transfer or distribution of the substances and related paraphernalia mentioned above. It is also important to note that any possession, use, sale, transfer or distribution of any of these substances on school grounds or at a school sponsored activity will result in additional serious disciplinary consequences, as outlined in the student handbook.
5. For the purpose of this information, the term **“verification”** is defined as any of the following:
 - Self-admitted involvement by the student.
 - Witnessed student involvement by a coach, EASD staff member, other students, community member, or other persons.
 - Parent admission of their student’s involvement.
 - Verified by an official police report given to the school district.
6. Violation of this policy will result in the following disciplinary action:
 - **First Offense:**
 - i. Suspension from all school extra-curricular and co-curricular activities for **60 calendar days** from the date of infraction, required completion of SAP assessment through PA Counseling, and full compliance with assessor’s recommendations.
 - ii. Suspension may be reduced to **40 calendar days** upon proof of successful completion of the SAP or continued participation in an underage drinking and substance abuse program recommended by the SAP assessor.
 - iii. Prior to being reinstated to a team or activity there is a mandatory meeting with student, parents or guardians, coach or advisor, athletic or activities director and relevant others.
 - iv. If the school year concludes before the 60 day suspension has been completed, the suspension will continue at the beginning of the next school year or commencement of the school’s activities for the next school year.
 - **Second Offense:**
 - i. Exclusion and suspension from all school extra-curricular and co-curricular activities for the next **365 calendar days**.
 - ii. Referral to the SAP team for drug and/or alcohol assessment and follow-up. Acceptance and fulfillment of the SAP team’s recommendations and the approval of the Administration are required for the student to be reinstated.
 - **Third Offense:**
 - i. Permanent suspension from extra-curricular and co-curricular activities.
 - **The above disciplinary consequences may be reduced up to 10 days by the district upon approval of the Superintendent or Assistant Superintendent of Schools based upon the student’s full cooperation and honesty with the administration during the investigation of the matter.**

DRUG/ALCOHOL/STEROIDS/TOBACCO POLICY FOR EXTRA-/CO-CURRICULAR ACTIVITIES (continued):

7. Out-of-Season/Summer/New Student Infraction:
 - Any suspension resulting from drug or alcohol usage that occurs outside the normally defined playing season will be enforced using 60 consecutive, calendar days, including summer months.
 - Required completion of SAP assessment through PA Counseling, and full compliance with assessor's recommendations is required prior to becoming eligible to return to team or activity.
 - Whether school is in session or not, any student on suspension may not participate in any team activity, including pre-season, post-season, training or any other team activity. For example: weight room training, open gyms, team camps.
 - Prior to being reinstated to a team or activity there is a mandatory meeting with student and athletic / activities director.
8. Pennsylvania Anabolic Steroid Law requires the following minimum penalties regarding Anabolic Steroids:
 - **First Violation:** Suspension from the team or activity for the remainder of the season.
 - **Second Violation:** Suspension from the team or activity for the remainder of the season AND next season.
 - **Third Violation:** Permanent suspension from school athletics.
 - ✓ Additionally, the Ephrata Area School District has determined that in order to resume participation, a medical determination must be made that no residual evidence of steroids exists
 - ✓ **The District may require counseling, rehabilitation, testing, or other programs as a condition for reinstatement into a school athletic program. Only valid medical purposes exempt a student-athlete from the previous penalties.**
9. Tobacco Regulations:
 - **First Offense:** Suspension from all extra-curricular and/or co-curricular activities for **7 calendar** days and required completion of 3 tobacco education lessons.
 - **Second Offense:** Suspension from all extra-curricular and/or co-curricular activities for remainder of season.
 - **Third Offense:** Suspension from all extra-curricular and/or co-curricular activities for remainder of school year.
10. For all drug, alcohol, and tobacco violations, whether students are permitted or required to participate in practice during the suspension will be at the discretion of the District Administration.

SPORTSMANSHIP:

1. Integrity, fairness and respect are lifetime values taught through athletics. Students at Ephrata are expected to display these principals of good sportsmanship at all times.
2. Any student who is ejected from a PIAA contest will be suspended from the next contest (this carries over from one season to the next). If the student is ejected a second time during the season, he/she will be removed from the team for the remainder of the season.
3. Some key principals to keep in mind in regards to sportsmanship: ***respect officials, opponents and coaches, demonstrate self-control, refrain from using profanity, shake hands with opponents after contests and lead by example.***

GENERAL REGULATIONS/INFORMATION:

1. Each coach/team will have specific team rules and consequences which will be provided to students at the start of the season. These rules and consequences may be more severe than school rules and consequences. This may include pre-game attire.
2. Vacations during the season are discouraged whenever possible. In the event an absence occurs due to a vacation, the student must notify the coach prior to the vacation and also accept the consequences related to the status on the team.
3. No athlete may quit one sport and try out for another sport after the season has begun without mutual consent of both coaches.
4. If a student is cut, removed or quits a team, the Head Coach will contact the parents/guardians as well as the athletic department to make them aware of the situation.
5. Locker rooms are shared by multiple sports teams and PE classes. Students are encouraged not to bring valuables into the locker rooms because the security of these items cannot be guaranteed. If items are lost or stolen, this should be reported to the Head Coach immediately. The district is not responsible for lost or stolen articles. Also, a reminder that locker rooms are subject to search at all times.
6. Any athlete who comes out for a team during the season must have 5 days of practice before they can compete in a contest.
7. Student-athletes are encouraged to maintain their physical conditioning in the off-season by utilizing the school district Wellness Center.
8. Any athlete who wishes to participate in two sports/activities simultaneously must discuss this intention with both coaches/advisors and work out a plan for which sport/activity will take priority when there is a conflict. A contest will always take priority over a practice and a student activity (curriculum related) will always take priority over an extra-curricular activity.
9. Equipment and uniforms are issued to students on a loan basis. If any of the equipment is not returned at the conclusion of the season, an obligation will be issued to the student for the replacement cost of the item(s). Until this obligation is resolved, the student will not be permitted to participate in any future extra-curricular or co-curricular teams or events.
10. Any headbands or wristbands must match the team uniform colors and all jersey or tops must be tucked in at all times.
11. The school district can only investigate what we know. If you hear of an "incident" or activity that does not sound like it is of good moral character (stealing, hazing, cheating, drinking, etc.) please call the athletic office and report it.
12. When there is inclement weather that results in an early dismissal, all contests and practices are canceled. If school is canceled due to inclement weather, all contests and practices are canceled. If a playoff contest is scheduled on a date when school is closed due to inclement weather, but the governing body does not postpone the playoff event, the school teams will participate in the contest if travel to the contest can be made in a safe manner.
13. Athletes who meet the criteria set up by each team/coach will receive one cloth letter "E" for their first varsity letter. All other earned letters are represented by pins. Injured athletes and seniors may receive special consideration when determining who receives letters for each team. Any player who does not finish the season with the team or in good standing will not receive a letter. Junior High and JV players receive certificates.
14. The most up-to-date sports schedules are found at www.highschoolsports.net Parent may sign up for email alerts and updates on this site and a link to this site is provided on the EASD website under the "Calendar of Events" section.

PENALTIES AND DUE PROCESS:

A student-athlete may be suspended or removed from a team if he or she is found to be in violation of laws, policies, rules or regulations.

The following procedures apply regarding athletic discipline:

1. Alleged violations are reported to the administration and investigated to determine credibility.
2. If found credible, Athletic Director will informally meet with student to explain the information, allow the student to respond and ultimately decide whether or not to discipline the student.
3. If the Athletic Director determines that the student committed the alleged violation, the Athletic Director will assign discipline and complete an Athletic Department Disciplinary Form which will be sent home with the student and requires a parent/guardian signature.
4. If the student/parent/guardian wishes to appeal the matter, they must notify the Athletic Director in writing within (5) days from the original informal meeting with the student.
5. In the event a student is removed from the team for disciplinary reasons, he or she forfeits any awards earned during the season and may not try out for another sport in the same season.

LOCATION OF EPHRATA ATHLETIC EVENTS:

Varsity Football:	War Memorial Stadium
JV Football:	War Memorial Stadium
JH Football:	War Memorial Stadium
Varsity & JV Boys Soccer:	Mountaineer Field
JH Boys Soccer:	Middle School Fields
Varsity & JV Field Hockey:	Mountaineer Field
JH Field Hockey:	Middle School Field
Tennis (Boys and Girls):	Middle School Main Tennis Courts
Volleyball (Boys and Girls):	Middle School Main Gym
Cross Country:	Middle School Fields
Golf:	Galen Hall Golf Course
Basketball (Boys and Girls):	Middle School Main Gym
JH Basketball (Boys and Girls):	Middle School Old Gym
Bowling:	Dutch Lanes
Rifle:	High School Rifle Range
Swimming:	Ephrata Recreation Center
Wrestling (Varsity, JV, JH):	High School Gym
Varsity Baseball:	War Memorial Stadium
JV Baseball:	MS Field; War Memorial Stadium (Night games only)
Boys Lacrosse:	Mountaineer Field
Girls Lacrosse:	Mountaineer Field
Varsity & JV Girls Soccer:	Mountaineer Field
JH Girls Soccer:	Middle School Fields
Varsity Softball:	Fulton Elementary School Field
JV Softball:	Highland Elementary School Field
Track & Field:	Middle School Track Stadium

LANCASTER-LEBANON SECONDARY SCHOOL ATHLETIC ASSOCIATION:

Participant and Spectator Behavior Policies

1. LL League encourages spectators to cheer and support their respective teams in a positive manner, but not to cheer negatively against the opponent.
2. Only team members in uniform and/or warm-ups under the coach's supervision are permitted on the floor or field for warm-ups prior to and during halftime of games. Unauthorized personnel are not permitted on the playing field at the conclusion of a game.
3. Only cheerleaders for the purpose of leading cheers or promoting school spirit and authorized personnel are permitted on the playing field at the conclusion of a game.
4. Abusive language, negative gestures or taunting directed towards players, coaches, officials, cheerleaders, or spectators is prohibited.
5. No sirens, hand held towels, whistles, portable stereos, or noisemakers will be permitted at games. Hand held banners or hand held signs, including spirit towels will not be permitted.
6. The throwing of any foreign objects is prohibited.
 - ***Offenders of these policies will be escorted from the gymnasium or stadium and may be subject to disciplinary action.***

SPORTS MEDICINE GUIDELINES:

ATHLETIC TRAINER:

1. Ephrata Area School District provides a certified Athletic Trainer to work with any student-athlete who is injured as a result of participation in interscholastic athletics.
2. Athletic Trainer school-provided cell phone number: *717-405-9201*.
3. If there are any changes in your medical information, please remember to update the emergency information card that is submitted during each athletic season. Updates can be made by contacting the Athletic Trainer.

REPORTING INJURIES:

1. Athletes must report all injuries to the athletic trainer as soon as they occur.
2. Any student participating in athletics has a chance of being injured. When injured, all student-athletes must immediately report the injury, no matter how insignificant, to their coach. Every injured athlete is then required to report the injury to the certified athletic trainer. In addition, all further issues or updates on the injury should be reported to the certified athletic trainer.
3. All coaches receive and are aware of proper guidelines in handling and reporting injuries of their athletes.
4. Referrals to physicians or physical therapy should be coordinated with the EASD athletic trainer. All outside medical decisions regarding participation status must be reported to the athletic trainer as soon as possible.

RETURNING TO PLAY AFTER AN INJURY:

1. Student-athletes requiring a visit to a physician or the emergency room for any injury or illness during their sports season must submit written clearances from their physician to the athletic trainer before they may return to participation.

SCHOOL DISTRICT SPORT CLASSIFICATION:

- PIAA recognized sports in the Ephrata Area School District have been categorized as male only, female only, and coed sports. Listed below are sports available in each category.

COED SPORTS	FEMALE SPORTS	MALE SPORTS
Bowling	Basketball	Baseball
Cheerleading	Cross Country	Basketball
Football	Field Hockey	Cross Country
Golf	Lacrosse	Lacrosse
Rifle	Soccer	Soccer
	Softball	Swimming
	Swimming	Tennis
	Tennis	Track & Field
	Track & Field	Volleyball
	Volleyball	Winter Track
	Winter Track	Wrestling

PARENT/COACH COMMUNICATION PLAN:

Parenting and coaching are extremely complex vocations. By establishing an understanding of each position, we are able to accept the actions of the other and provide greater benefit to children. As parents, when your child becomes involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child’s program.

Communication from the Coaching Staff

1. Philosophy of the coach
2. Expectations the coach has for your child as well as all players on the squad
3. Locations and times of practices and contests
4. Team requirements: i.e. practices, special equipment, out-of-season conditioning
5. Procedure followed should your child be injured during participation
6. Discipline which may impact your child’s participation
7. Eligibility requirements and concerns

Appropriate Concerns for Discussion

1. The treatment of your child, mentally, and physically
2. Ways to help your child improve or concerns about their behavior

It is sometimes very difficult to accept your child is not playing as much as you may hope. Coaches are the specialized authority. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child’s coach. Other things, such as those on the next list, must be left to the discretion of the coach.

Issues Not Appropriate to Discuss with the Coach

1. Playing time
2. Team strategy
3. Play calling
4. Other student-athletes

There are situations, which may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue or concern. For concerns regarding discussion with the coach, the following procedures should be followed:

1. Call to set up an appointment with the coach.
2. The Ephrata High School telephone number is (717) 721-1478.
3. If the coach cannot be reached, call the Athletic Director at extension 19020.
4. A meeting will be scheduled for you.
5. **The Next Step:** What a parent can do if the meeting with the coach did not provide a satisfactory resolution: *Call and schedule an appointment with the Athletic Director.*

PLEASE NOTE:

Please do not approach a coach before or after a contest or practice. These can be emotional times for both parents and the coaching staff. Meetings of this nature do not promote resolution.

Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided in this handout makes both your child's and your experience with the Ephrata Area School District athletic programs less stressful and more enjoyable.

Ephrata Area School District Athletic Department

Athletic Responsibility Acknowledgement Form

Athlete's Name

Sport

Year

Prior to participating in any practice, tryout or contest for any interscholastic sport, each athlete must:

1. Successfully pass a sport physical after June 1 of the year on the PIAA required forms. All sections of the physical forms must be completed and on file with the Athletic Trainer. A PIAA recertification form is required if there is participation in athletics after the original season covered by the physical.
2. Return his/her Athletic Responsibility Acknowledgement Form properly signed.
3. Return his/her Acknowledgement of Risk Form properly completed.

As an Ephrata Area School District student-athlete participating voluntarily in interscholastic athletics, I understand that:

1. I must abide to all Ephrata Area School District and PIAA rules, regulations and policies. I have read this information which is found in the Student Handbook and posted online on the athletic website. Any questions or concerns I've had about these policies have been adequately answered.
2. I will be responsible for all athletic equipment and uniforms issued to me throughout this season, will return such equipment and uniforms at the conclusion of the season, and will pay the replacement price for any unreturned items.
3. I have specifically read and understand the Athletic Department policies and consequences related to drugs, alcohol and tobacco.
4. I must meet all PIAA and Ephrata Area School District eligibility requirements. I also understand that I must be passing at least 4 credits and cannot be failing 2 or more classes or I will become ineligible.
5. I acknowledge that I have been properly advised and warned by administrative and coaching personnel of the Ephrata Area School District that I am exposing myself to the risk of injury. Having been so cautioned and warned, it is still my desire to participate in sports and to do so with full knowledge and understanding of the risk of injury.
6. The Ephrata Area School District does not allow any acts of hazing, rights of initiation or sexual harassment. Any student found in violation will be subject to discipline, including suspension.
7. Student-athletes are expected to demonstrate the highest levels of sportsmanship on and off the field.
8. I, along with my parents/guardians, certify that we have read and understand all the Ephrata Area School District Athletic Policies listed in the Student Handbook, which is also posted online on the athletic webpage, and in order to be eligible for participation I must comply with all requirements listed.

Student Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

INSURANCE VERIFICATION

We, the parents or guardians of _____, have insurance with _____ insurance carrier with policy number: _____ that will pay the medical or surgical expenses resulting from any injury, major or minor, that the above-named student may receive as a result of practicing, traveling or performing in interscholastic athletics for the Ephrata Area School District.

The Ephrata Area School District provides a secondary insurance policy on all student athletes within our interscholastic athletic programs. The Athletic Trainer has all necessary forms for the secondary policy.

PARENT/GUARDIAN'S TRAVEL PERMIT

I hereby give my consent for _____ to travel to and from athletic events or practices scheduled by the Ephrata Area School District Athletic Department. I understand the department policy will be to provide transportation by school bus or van driven by a district approved driver. I understand my son/daughter is expected to travel on the school district provided transportation. If a situation arises and requires my son/daughter to be transported by a parent/guardian, I understand a signed note must be turned into the athletic department or coach prior to the contest.

Parent/Guardian Signature: _____ Date: _____

AGREEMENT TO BE PHOTOGRAPHED

Through participation in the sport, students will be photographed during in-game, action situations. To be eligible to participate, permission must be granted to be photographed during the in-game, action situations.

Permission to be photographed in "staged" settings, such as team pictures and media head shots, must be given below:

____ Yes, Parent/Guardian signature: _____ Date: _____
____ No, Parent /Guardian signature: _____ Date: _____

General Athletic Department Information

Athletic Department Phone Number:	717-721-1478 ext. 19021
Athletic Website:	www.easdpa.org/athletics
Athletic Office Location:	Ephrata High School
Athletic Office Hours:	7:30 am – 3:30 pm

Appendix:

Student Assistance Program (SAP)

- For general information please refer to School Board Policy #236.
- SAP - a systematic process using effective and accountable professional techniques to mobilize school resources to remove the barriers to learning and, when the problem is beyond the scope of the school, to assist the parent/guardian and student with information so they may access services within the community.

Definition of Terms:

Alcohol or Alcoholic Beverage:

- A. All alcoholic and malt beverages as defined in the Act of April 12, 1951 (P.L. 90, No. 21), known as the Pennsylvania Liquor Code, as amended:
- B. Ethyl alcohol of any degree of proof originally produced by the distillation of any fermented liquid, including synthetic ethyl alcohol, but not ethyl alcohol, whether or not diluted, that has been denatured or otherwise rendered unfit for beverage purposes;
- C. Any alcoholic, spirituous, vinous, fermented, or other alcoholic beverage, or combination of liquors and mixed liquor a part of which is spirituous, vinous, fermented, or otherwise alcoholic, including all drinks or drinkable liquids, preparations or mixtures;
- D. Any beer, lager beer, ale, porter or similar fermented malt beverage containing one-half of one percentum or more alcohol by volume, by whatever name such beverage may be called.

Drug:

- A. Any controlled substance in Schedules I through V of Section 202 of the Controlled Substance Act (21 U.S.C. 812) or further defined by regulation at 21 CFR 1300.11 through 1300.15, including opiates (e.g., heroin, morphine, codeine, methadone), cocaine and "crack", cannabinoids (e.g., marijuana, hashish), amphetamines, barbiturates, benzodiazepines, (e.g., Valium and Librium) and other narcotics and hallucinogens (e.g., phencyclidine (PCP), methaqualone (Quaalude) and peyote (LSD));
- B. Any substance which is misused for the purpose of affecting a person's emotional, mental or physical faculties (e.g., aerosols, glue, solvents, etc.);
- C. Any prescription drug unless the drug (i) is in the possession of the school nurse or the student for whom the prescription was issued and (ii) used in accordance with the physician's prescription;
- D. Any over-the-counter medication unless possessed and used in accordance with the manufacturer's recommendations;
- E. Anabolic steroids;
- F. Any substance which is represented as being, or which is thought to be by the person who possesses or uses or distributes the substance, a drug, e.g. "look-alike-drugs."

The term "**use**" includes possession, use, sale, transfer, or distribution of the substances and related paraphernalia mentioned above. It is also important to note that any possession, use, sale, transfer or distribution of any of these substances on school grounds or at a school sponsored activity will result in additional serious disciplinary consequences, as outlined in the student handbook.

For the purpose of this information, the term “verification” is defined as any of the following:

- Self-admitted involvement by the student.
- Witnessed student involvement by a coach, EASD staff member, other students, community member, or other persons.
- Parent admission of their student’s involvement.
- Verified by an official police report given to the school district.

