

Ephrata's Wellness Center

Wellness Center Mission Statement:

The mission of the wellness center is to offer facilities, equipment, and services that provide opportunities for physical activity, healthy life styles, leadership, and lifelong pursuit of physical activity and wellness. The wellness center promises a clean and safe environment, where students and faculty can embrace physical, social, and intellectual development as a member of Ephrata Area School District's Wellness Center.

Goals of the Wellness Center:

- To provide student leadership development opportunities through creating fitness programs and engaging in physical activity.
- To create a wellness center culture that will value a fun, friendly, and healthy exercise environment.
- To design activities and services to enhance wellbeing and celebrate the diversity of students, faculty, staff, and alumni.
- To provide wellness and fitness opportunities for exercise, socialization and to create healthy lifestyles.

Contact Information

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Mailing Address:

Ephrata Area School District
803 Oak Boulevard
Ephrata, PA 17522

Hours of Operation:

2:30PM- 4:30PM

***Holiday Hours will be posted one week prior to break or holiday.