



**Ephrata High School
Course Syllabus
Personal Perspectives
5330**



I. Course Description

This course deals with understanding yourself and becoming aware of personal values in relation to interpersonal relationships (dating, friendship, engagement, marriage, family, divorce, aging, and death). The course is very discussion oriented, so come prepared to share your ideas, values, experiences, and interests as you learn to communicate and know yourself better. Resource persons and projects will be included as learning experiences.

II. Materials & Equipment

- ❑ The Teen Relationship Workbook, Moles, Wellness Reproductions and Pub. (2001)
- ❑ Values Clarification, Simon, Howe, Kirshenbaum, Heart Publishing, (1978)

III. Course Goals & Objectives

- ❑ Students prepare for adulthood by exploring possible situations, concerns, and problem areas before they occur.
- ❑ Examine the events of the lifecycle, starting with the teen years and ending with aging and dying.
- ❑ Students to explore their feelings, attitudes, and values in a safe, educational surrounding.

IV. Course Topics (Summary Outline)

- ❑ Understanding Yourself & Others
 - Heredity vs. Environment
 - Communication skills
 - Responsible decision making
- ❑ Examining Life's Relationships
 - Dating & marriage
- ❑ Family Living
 - Family Structure
 - Historical Changes
 - Parenting
- ❑ Facing Family Challenges & Changes
- ❑ Understanding Yourself & Others
 - Heredity vs. Environment
 - Communication skills
 - Responsible decision making
- ❑ Examining Life's Relationships
 - Dating & marriage
- ❑ Family Living
 - Family Structure
 - Historical Changes
 - Parenting
- ❑ Facing Family Challenges & Changes
 - Aging & death,
 - Divorce
 - Stress

V. Assignments & Grading

A combination of tests, quizzes, classroom assignments, homework, projects, and participation may be used to evaluate students. Assessments projects are guided by rubrics that show a set of criteria on which the judgment of performance is based. All work will be assigned a point value. At the end of each marking period, a comparison between points accumulated and total points possible will determine percentage grade for the quarter.